



Exercise & Enrichment Policy

Dogs need more than just a place to stay - they need opportunities to move, explore, and engage their minds in ways that feel good and safe. The Dog Nook at Cranbrook, provides daily exercise and gentle enrichment designed to meet each dog's physical and emotional needs - always with safety and comfort as our top priority.

Daily walks

- Dogs in our care are walked at least once daily, weather and health permitting.
- Walks take place on quiet local routes with plenty of sniffing and minimal stress.
- All dogs are kept on lead at all times - we do not offer off-lead walks, to ensure full control and safety.
- Each dog is required to wear a secure, well-fitting collar or harness with a visible ID tag while in our care and during all outings.

Weather considerations

- In poor weather (e.g. extreme heat, heavy rain, snow, or high winds), outdoor walks may be shortened or swapped for indoor/outdoor enrichment, based on what's safest and most comfortable.

- We always put your dog's wellbeing first - rest is just as important as exercise.

Enrichment & play

Enrichment isn't just about exercise - it's about giving dogs ways to use their brains, engage their senses, and express natural behaviours.

We offer:

- Garden time with space to sniff, stretch, and explore safely.
- Interactive toys, food puzzles, and chew-based enrichment.
- Gentle play sessions tailored to your dog's personality and preferences.
- Calm downtime and rest, especially for younger or more sensitive dogs.

Personalised activity

We adapt activity levels based on each dog's:

- Age and breed
- Energy level
- Mobility or health conditions
- Routine at home

No two dogs are the same - and we make sure their day reflects that.

Why it matters

Exercise and enrichment are essential not just for a dog's body, but for their wellbeing and confidence too. Whether it's a gentle walk, a garden sniff-about, or a satisfying puzzle to solve, we make sure your dog has a day that feels fulfilling, safe, and in tune with who they are.